



18th North German Championship and 15th Championships of Schleswig-Holstein

date:

13th January 2018 starting 9:00 am

place:

Lübeck, harbour shed no. 6, „Untertrave“

organizer:

Lübecker-Ruder-Gesellschaft von 1885 in cooperation with
Ruderverband Schleswig-Holstein

Race no.	class	distance
1	Junior Women B 02/03	1500m
2	Junior Women 02/03 LGW	1500m
3	Junior Men B 02/03	1500m
4	Junior Men 02/03 LGW	1500m
5	Junior Women A 00/01	2000m
6	Junior Women A 00/01 LGW	2000m
7	Junior Men A 00/01	2000m
8	Junior Men A 00/01 LGW	2000m
9	Women 99 and older	2000m
10	Women LGW 99 and older	2000m
11	Men 99 and older	2000m
12	Men LGW 99 and older	2000m
13.1	Women Handicap LTA	1000m
13.2	Women Handicap TA	1000m
13.3	Women Handicap AS	1000m
14.1	Men Handicap LT	1000m
14.2	Men Handicap TA	1000m
14.3	Men Handicap AS	1000m
15	Women Jg. 79-88	1000m
16	Women Jg. 69-78	1000m
17	Women Jg. 64-68	1000m
18	Women Jg. 59-63	1000m
19	Women Jg. 54-58	1000m
20	Women Jg. 49-53	1000m
21	Women Jg. 44-48	1000m
22	Women Jg. 43 und älter	1000m
23	Men Jg. 79-88	1000m
24	Men Jg. 69-78	1000m
25	Men Jg. 64-68	1000m
26	Men Jg. 59-63	1000m
27	Men Jg. 54-58	1000m
28	Men Jg. 49-53	1000m
29	Men Jg. 44-48	1000m
30	Men Jg. 43 und älter	1000m
31	Women's Eight	350m
32	Men's Eight	350m
33	Four, see bottom: team competitions (*)	2000m

Race no.	Class	Distance
34	Children's mixed four	2000m
35	Junior mixed four	2000m
36	Girls 2006	1000m
37	Girls 2006 LGW	1000m
38	Boys 2006	1000m
39	Boys 2006 LGW	1000m
40	Girls 2005	1000m
41	Girls 2005 LGW	1000m
42	Boys 2005	1000m
43	Boys 2005 LGW	1000m
44	Girls 2004	1000m
45	Girls 2004 LGW	1000m
46	Boys 2004	1000m
47	Boys 2004 LGW	1000m
101	Girls 2007	500m
102	Boys 2007	500m
103	Girls Jg. 2006	500m
104	Girls Jg. 2006 LGW	500m
105	Boys Jg. 2006	500m
106	Boys Jg. 2006 LGW	500m
107	Girls Jg. 2005	500m
108	Girls Jg. 2005 LGW	500m
109	Boys Jg. 2005	500m
110	Boys Jg. 2005 LGW	500m
111	Girls Jg. 2004	500m
112	Girls Jg. 2004 LGW	500m
113	Boys Jg. 2004	500m
114	Boys Jg. 2004 LGW	500m
115	Junior Women B Jg. 02/03	500m
116	Junior Women B Jg. 02/03 LGW	500m
117	Junior Women A Jg. 00/01	500m
118	Junior Women A Jg. 00/01 LGW	500m
119	Junior Men B Jg. 02/03	500m
120	Junior Men B Jg. 02/03 LGW	500m
121	Junior Men A Jg. 00/01	500m
122	Junior Men A Jg. 00/01 LGW	500m
123	Lübeck Sprint Women	500m
124	Lübeck Sprint Men	500m

Regulations

Equipment:	Rowing ergometers by RP3 Rowing. Information: www.rp3rowing.com Ergometers are sold for 2.205,00 Euro after the competition. Please contact bjornloetsch@gmx.de to make reservations.																						
Race information:	The announcement does not necessarily correspond to the race order on the day of the competition. Different races are started together depending on the number of rowers. They are rated separately. Races 101-122 are performance-based (performance group III = beginners) and are started first on the day of the competition. For races 123 and 124 please name performance group I or III with your entry.																						
Entry:	Day of last entry: Monday, 08.01.2018, 6:00 pm via mail (name, date of birth, club, race) to: Björn Löttsch Kleine Petersgrube 9, 23552 Lübeck championships.rp3.luebeck@gmx.de Phone: 0049 179-1412909																						
Fee:	12,00 € Juniors, Seniors, Masters 8,00 € Boys and Girls and races 101-124 25,00 € Fours 40,00 € Eights Payment: cash on the day of the competition. Belated entries are possible until two hours before the race only to fill sections. Extra fee: additional 2,00 €.																						
Accommodation:	There's room for accommodation in the club house (mattress and sleeping bags have to be brought) for 5,00€ per person/ night.																						
Prices:	The winners will get a medal, places 1-3 documents.																						
Lightweight:	Maximum weight for leightweights: <table style="margin-left: 40px;"> <thead> <tr> <th>Class</th> <th>Max. weight in kg</th> </tr> </thead> <tbody> <tr><td>Girls and Boys 2005</td><td>45,0</td></tr> <tr><td>Girls and Boys 2005</td><td>50,0</td></tr> <tr><td>Girls 2004</td><td>52,5</td></tr> <tr><td>Boys 2004</td><td>55,0</td></tr> <tr><td>Junior Women B 02/03</td><td>57,5</td></tr> <tr><td>Junior Men B 02/03</td><td>67,5</td></tr> <tr><td>Junior Women A 00/01</td><td>60,0</td></tr> <tr><td>Junior Men A 00/01</td><td>70,0</td></tr> <tr><td>Woman/ Master</td><td>61,5</td></tr> <tr><td>Men/ Master</td><td>75,0</td></tr> </tbody> </table> <p>Scales: Boys and Girls until 1 hour before the start. Age-group 2003 and older from 2 until 1 hour before the race.</p>	Class	Max. weight in kg	Girls and Boys 2005	45,0	Girls and Boys 2005	50,0	Girls 2004	52,5	Boys 2004	55,0	Junior Women B 02/03	57,5	Junior Men B 02/03	67,5	Junior Women A 00/01	60,0	Junior Men A 00/01	70,0	Woman/ Master	61,5	Men/ Master	75,0
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Team competitions:	Races 33, 34 and 35 cover the 2000m distance. Changeover every 500 metres (+/- 10m). The handle may not be put down. The children's mixed four contains two girls and two boys year 2004 or younger. The Junior-Mixed-Four contains at least one girl or boy year 01/02 and 00/01. (*) Four: any combination of substitutes possible. (rated separately) Eight: Combinations of two clubs are allowed. Races run at the same time. No relay. Distance 350m.																						
Liability:	Participation at one's own risk. Underage persons need a declaration of consent by their parents. The organizer rejects any liability for damage of all kind. By signing in the clubs confirm that there are no doubts as regards health concerning their athletes. All participants of children's and junior races need a valid doctor's certificate of health. In case of technical malfunction the race can be repeated.																						